

Muslim Parent Connection

RAMADAN CONNECTION

Learning the 5 Senses

Take time this Ramadan to explore with your child the concept of 5 senses. Early childhood learning is based on play. The children learn best through fun activities and loving support from parents. These are some quick and easy learning games and craft activities that you can do with your child that would take less then 5-15 minutes to do in your busy Holiday month.



SEEING

Discuss what a blessing it is to be able to see. Ask them, "If you did not have eyes, what would it be like?" Blindfold your child and have him try to do simple thing like drawing or walking. Then take it off and try the same activity. When you go out to the masjid, have him/her name all the things Allah(SWT) blessed him/her to SEE!



HEARING

Discuss what a blessing it is to be able to hear. When you are in the masjid for Iftar, ask them to close their eyes for 2-3 minutes? What kind of sounds did they hear? (People talking, kids laughing, the Athan.)Have him/her name all the things Allah(SWT) blessed him/her to HEAR!



FEELING

Discuss what a blessing it is to be able to feel. Have small gifts like rubber ball, stuffed animal, candy, etc, and drop them in a large gift bag. Each day after breaking fast, the child gets to pick a gift from the bag. The child must close his/her eyes, and they must describe the object, and guess what it might be. If the child guessed right, he/she gets to have an extra gift. Have the child name all the things Allah(SWT) blessed him/her to FEEL!



TASTING/ SMELLING

Discuss what a blessing it is to be able to taste and smell. Let them be part of Iftar cooking, as they get to smell different spices and aromatic foods. Let them smell edible things like lemon, chocolate powder, vinegar. Let them taste different food from Iftar and ask how did it taste? Salty, sweet, or bitter? Have him/her name all the things Allah(SWT) blessed he/she can TASTE and SMELL!